

April 8, 2010

Gloria Gaynor and PDSAs

Here's the first line of one of my favorite songs. "First I was afraid, I was petrified..." Do you recognize it? It's Gloria Gaynor's "I Will Survive", an anthem for many of us of a certain age. The first line of this song is so good at summing up our emotions when a big change is thrust upon us or when we've been unlucky in love. I sing it to myself at work, sometimes at home or at other times when the Serenity Prayer just isn't enough! "I Will Survive" can be an empowering anthem!

[Click here](#) to continue reading this week's guest blog post from Debbie Bertrand.



Coming soon to a desktop near you

Starting next month, CHAMP will begin offering **online courses** for *home care nurses*. Each course will help you apply evidence-based tools in day-to-day practice. The topics are:

- Improving Communication with Physicians
- Helping Patients Adhere
- Improving Teamwork in Home Care
- Medication Reconciliation

Stayed tuned to CHAMPNews for further details! To see our other web-based courses and activities, [click here](#).

Upcoming Programs

Pain Management Course

Designed specifically for frontline nurse managers

April 26, 2010

[Click here](#) to view a short course demo and learn more

Medication Management Course

Designed specifically for frontline nurse managers

April 26, 2010

[Click here](#) to view a short course demo and learn more

Visit CHAMP at VNAA



CHAMP will be at the VNAA annual conference in Orlando, FL from April 21-23. Stop by **booth 503** in the Exhibit Hall to meet members of the CHAMP team and enter a raffle to win one of our prizes! To learn more, [click here](#).



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