

December 1, 2011

Don't Get Around Much Anymore: Arthritis and Depression

Patients with arthritis often suffer from depression as a result of pain and their **inability to participate** in activities they once enjoyed. [Click here](#) to read a blog post from Paula Wilson, a Clinical Coordinator with the Visiting Nurse Service of New York. Paula talks about how **treatment for depression** may even result in alleviation of a patient's **arthritis-related symptoms**.



Free Depression Tools

Click on the names below to download evidence-based tools that can help you identify and treat patients with depression. Visit the [Tools section](#) of our Resource Library and select "Depression" from the 'All Topics' drop-down menu to find many more.



[Geriatric Depression Scale \(GDS\) \(Try This, Issue 4\)](#)

This "Try This" issue from the Hartford Institute for Geriatric Nursing describes the Geriatric Depression Scale Short Form Assessment (GDS-SF), a 5-minute screening tool that helps nurses to identify depression in older adults and decide whether further evaluation is needed. [Click here](#) to view a video that demonstrates how to use the tool.

[Patient Education Booklet: Making an IMPACT on Late Life Depression](#)

This booklet can help members of your home care team teach older patients about depression and depression treatment.

Free E-Presentations

Watch CHAMP e-presentations **anywhere, anytime**. Each one is developed and narrated by an **expert** on the topic. Take a look today!

[Considerations in Geriatric Medication Management](#)

[The Model for Improvement: Small Tests of Change and Using PDSA Cycles to Drive Improvement](#)

[Clinical Coaching with CHAMP Tools](#)



World AIDS Day

Since today, December 1st, is World AIDS Day we want to express our appreciation to all of the home care practitioners who care for patients with HIV and AIDS.



E-Learning Activities

Build your skills **quickly and conveniently**, and earn CE contact hours, with CHAMP's one-unit e-learning activities for all home care practitioners. Click on the course name to **learn more** and register.

[Developing Strong Home Care Teams](#)

\$49 (\$35*)/ participant

[Helping Patients Adhere](#)

\$49 (\$35*)/ participant

[Improving Communication with Physicians](#)

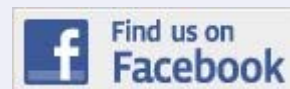
\$49 (\$35*)/ participant

[Best Practice Activities](#)

\$10 per activity or sign-up for all three for just \$25

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