

January 13, 2011

Have You Signed-Up Yet?

CHAMP's Geriatric Medication and Pain Management e-learning activities start on January 24th!

Geriatric Medication Management - \$149 (\$109*)/ participant

- Describes the impact of medication related problems in older adults
- Simplifies the 3-step medication reconciliation process with practical tools
- Walks you through the SBAR technique so you can effectively communicate with physicians

Geriatric Pain Management - \$149 (\$109*)/ participant

- Demonstrates effective pain screening using the "Ask, Listen and Observe" technique
- Identifies the important parts of a pain management care plan
- Walks you through the SBAR technique so you can effectively communicate with physicians

** This rate applies to member agencies of: California Association for Health Services at Home, Georgia Association for Home Health Agencies, Home Care Alliance of Massachusetts, Home Care Association of Florida, Home Care Association of New Hampshire, Home Care Association of New York State, Home Care Association of Washington, Kentucky Home Health Association, MHA: An Association of Montana Health Care Providers, New Mexico Association for Home and Hospice Care, and Pennsylvania Homecare Association*



Tips for Staying Safe in Cold Weather

This week much of the country has been buried under snow. With a few more weeks of winter to go, it's a good time to talk about hypothermia and its effects on older people.

The NIH has a helpful guide that you can share with older patients, their caregivers and your staff members. The guide discusses health problems that can arise as a result of hypothermia, warning signs and prevention tips. To download the free guide, [click here](#).



First Drawing Tomorrow

We want to know what you think about the tools in our resource library! Give us the inside scoop by taking a quick survey. There's no need to hold back--all responses are anonymous. Plus, after completing it, you can enter to win a \$50 Amex giftcard. Each entry increases your chances of winning. We're choosing the first winner tomorrow so [click n' share](#) today!

Resolution Season

Do you have a new year's resolution for 2011? Tell us what it is on Facebook or Twitter!

Not sure how to find us on Facebook and Twitter? [Click here](#) for instructions on how to join the conversation!



Free E-Presentations

We have short e-presentations on our website that you can watch anywhere, anytime. Each e-presentation has been developed and narrated by an expert on specific topics. Take a look today!

[Considerations in Geriatric Medication Management](#)

[The Model for Improvement: Small Tests of Change and Using PDSA Cycles to Drive Improvement](#)

[Clinical Coaching with CHAMP Tools](#)

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