

January 5, 2012

Your Top Ten Tools of 2011

You voted with your clicks, and here's the top ten most downloaded tools from the CHAMP website in 2011. **Click on the names below** to access the top ten tools, or visit our [Tools page](#) to find a tool you can use in 2012 - from one of 23 topic areas!



1. [Best Practices Evidence Brief: Medication Management](#)
This brief discusses the importance of medication safety and adherence in older persons and provides evidence-based best practices to improve adherence and reduce medication errors. (To earn one CE contact hour for reviewing this brief [click here](#).)
2. [Best Practices Evidence Brief: Care Coordination, Management & Transitions](#)
This brief reviews chronic conditions among older home care patients and provides evidence-based ways to improve care coordination. (To earn one CE contact hour for reviewing this brief [click here](#).)
3. [A Depression Education Toolkit](#)
This patient education booklet, developed as part of the Weill Cornell Homecare Research Partnership, helps inform patients and caregivers about common depression symptoms and proven treatment options.
4. [ARMOR \(Assess, Review, Minimize, Optimize, Reassess\) Polypharmacy tool](#)
This tool to help evaluate and reduce polypharmacy for older patients can also be used to supplement the assessment of falls, behaviors, and unexplained functional decline (posted with permission of *Annals of Long-Term Care*).
5. [My Medicine List](#)
This tool from the National Transitions of Care Coalition (NTOCC) provides an easy way for patients/caregivers to keep track of and review medications with healthcare professionals. This tool is also available in [French](#) and [Spanish](#).
6. [12-Steps for Creating a Culture of Retention: A Workbook for Home and Community-Based Long-Term Care Providers](#)
This PHI workbook provides steps and tools to guide agencies in developing recruitment, selection and retention practices. It is intended for use by organizational leaders.
7. [Fall Prevention Medication Review Checklist](#)
This simple checklist from the CDC can help identify and eliminate medication side effects and interactions that can increase the risk of falls. Source: [Preventing Falls: How to Develop Community-based Fall Prevention Programs for Older Adults](#).
8. [Clinical Coaching: An Approach to Motivating Clinical Practice Change in Home Care](#)
This presentation explains a strategy to help front line managers move evidence more quickly into practice among home care clinicians.
9. [How to Create a Pill Card](#)
This is a guide to create easy-to-use pill cards that enable patients to engage in effective self-management and reduce medication errors. It is helpful for patients who have difficulty keeping track of their medications and for those with low literacy skills.
10. [Best Practices Evidence Brief: Palliative Care & Advanced Illness Management](#)
This brief reviews the benefits of advance planning and earlier palliative care for older persons with advanced chronic conditions, and provides evidence-based interventions to improve multi-disciplinary palliative care. (To earn one CE contact hour for reviewing this brief [click here](#).)



Last Chance: 20%-Off Medication and Pain Management Courses!

You have only one more day - **through tomorrow, January 6th** - to take advantage of a **20% discount** on our **Medication and Pain Management courses** for frontline managers. These self-paced courses, which start on January 23, confer CE hours and teach evidence-based practices that **make your team's work easier and more effective**. Click on the course name to learn more and sign-up!

[Geriatric Medication Management](#)
Sale price! \$119 (\$87*)/ participant
Regular price: \$149 (\$109*)/ participant

[Geriatric Pain Management](#)
Sale price! \$119 (\$87*)/ participant
Regular price: \$149 (\$109*)/ participant

E-Learning Activities are 20% Off Through Tomorrow Too

Build your skills quickly and conveniently with CHAMP's one-unit e-learning activities **for all home care practitioners**. Plus they're **20% off through tomorrow, January 6th**. Click on the course name to learn more and register.

[Developing Strong Home Care Teams](#)
Sale price! \$39 (\$28*)/ participant

[Helping Patients Adhere](#)
Sale price! \$39 (\$28*)/ participant

[Improving Communication with Physicians](#)
Sale price! \$39 (\$28*)/ participant

[Best Practice Activities](#)
Sale price! \$8 per activity or sign-up for all three for just \$20

** This rate applies to member agencies of: California Association for Health Services at Home, Georgia Association for Home Health Agencies, Home Care & Hospice Alliance of Maine, Home Care Alliance of Massachusetts, Home Care Association of Colorado, Home Care Association of Florida, Home Care Association of New Hampshire, Home Care Association of New York State, Home Care Association of Washington, HomeCare Association of Arkansas, MHA: An Association of Montana Health Care Providers, New Mexico Association for Home and Hospice Care, Oregon Association for Home Care, Pennsylvania Homecare Association, and Rhode Island Partnership for Home Care*

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