

July 8, 2010

Get a Head Start on the Aging Boom

A recent New York Times article, *Preparing More Care of Elderly*, discusses the challenges that have surfaced due to the growth in the number of high-risk older patients. The article also talks about research findings from Mary D. Naylor, a geriatric care researcher and professor of gerontology in the School of Nursing at the University of Pennsylvania. Her research shows that fragile older people can avoid rehospitalizations if they are taken care of by teams of nurses, social workers, physicians and therapists. To read the full article, [click here](#).



As the number of older Americans that need homecare continues to increase, CHAMP's online courses provide practical skills to help you enhance the quality of care for your older patients. Sharpen your skills by registering for one of our courses today!

Geriatric Medication Management

Starts July 26, 2010

- Measure team performance with an easy-to-use chart review tool
- Use the 3-step medication reconciliation process to create accurate patient medication lists
- Learn how to monitor for medication-related complications
- Available to Frontline Nurse Managers, Clinical Directors, QI/QA Staff, and Certified Case Managers for CE hours
- [Click here](#) to view a demonstration and to register for the course; [click here](#) for discount information



Geriatric Pain Management

Starts July 26, 2010

- Measure team performance with an easy-to-use chart review tool
- Learn how to screen and assess for pain in older adults
- Understand how to optimize pain relief using pharmacologic and non-pharmacologic strategies
- Available to Frontline Nurse Managers, Clinical Directors, QI/QA Staff, and Certified Case Managers for CE hours
- [Click here](#) to view a demonstration and to register for the course; [click here](#) for discount information



Improving Communication with Physicians

Available anytime

- Recognize common communication pitfalls and roadblocks
- Identify your current communication style
- Practice methods like the SBAR technique to enhance communication and improve your confidence
- Designed for all home care clinicians; CE hours available to registered nurses
- [Click here](#) to view a demonstration and to register for the course; [click here](#) for discount information



Try Out These Tools

Older adults with four or more chronic conditions are 99 times more likely to be hospitalized for avoidable problems.

With clinical expertise, home care clinicians are in an ideal position to help older patients better manage their health at home.

Here are a few tools to help prevent rehospitalizations and ease transitions between care settings among your older patients. Click on each item to download the tool.

[1. Hospitalization Risk Assessment](#)

[2. Stop and Watch](#)

[3. Therapy Trigger List](#)



Coming Next Week...

Val J. Halamandaris, President of the National Association for Homecare and Hospice (NAHC), will be CHAMP's guest video blogger. To watch the video post, check your inbox next Thursday!



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