

October 13, 2011

Is Your Patient's Refrigerator a Giant Petri Dish?

When a patient has GI symptoms, **we often assume** an adverse reaction to their medications is to blame. But is the culprit actually in their kitchen? [Click here](#) to read this week's *Wednesday Wisdom* as Deb Bertrand discusses how a **simple intervention** can help **save your patients** from belly aches, or worse!



Thought for Food: Free Food Safety Tools

Below are two tools designed specifically to help you **educate your patients about food safety**. CHAMP also has 24 more **evidence-based tools** in our Resource Library related to nutrition. Visit the [Tools section](#) of our Resource Library and select "Nutrition" from the 'All Topics' drop-down menu to see them all.



[To Your Health! Food Safety for Seniors](#)

An easy-to-read booklet from the U.S. Food and Drug Administration to help older people learn about food-borne illness ("food poisoning") and safe food handling and storage at home.

[NIH SeniorHealth: Eating Well As You Get Older](#)

An online resource designed to be senior-friendly and tailored to the cognitive and visual needs of older adults. It includes information and videos for seniors about how to eat well, eat safely, and shop wisely.

Pain and Medication Management Courses Begin on October 24th

If you want to **master evidence-based skills and techniques** (and earn CE hours), our **self-paced Medication and Pain Management** courses for frontline managers are **starting soon**. Click on the course name to learn more and sign-up.



[Geriatric Medication Management](#) \$149 (\$109*)/ participant

[Geriatric Pain Management](#) \$149 (\$109*)/ participant

** This rate applies to member agencies of: California Association for Health Services at Home, Georgia Association for Home Health Agencies, Home Care & Hospice Alliance of Maine, Home Care Alliance of Massachusetts, Home Care Association of Colorado, Home Care Association of Florida, Home Care Association of New Hampshire, Home Care Association of New York State, Home Care Association of Washington, HomeCare Association of Arkansas, MHA: An Association of Montana Health Care Providers, New Mexico Association for Home and Hospice Care, Pennsylvania Homecare Association, and Rhode Island Partnership for Home Care*



Free E-Presentations

Watch CHAMP e-presentations **anywhere, anytime**. Each one is developed and narrated by an **expert** on the topic. Take a look today!

[Considerations in Geriatric Medication Management](#)

[The Model for Improvement: Small Tests of Change and Using PDSA Cycles to Drive Improvement](#)

[Clinical Coaching with CHAMP Tools](#)

E-Learning Activities

Build your skills **quickly and conveniently** with CHAMP's one-unit e-learning activities for all home care practitioners. Click on the course name to **learn more** and register.

[Helping Patients Adhere](#)
New! \$49 (\$35*)/ participant

[Developing Strong Home Care Teams](#)
\$49 (\$35*)/ participant

[Improving Communication with Physicians](#)
\$49 (\$35*)/ participant

[Best Practice Activities](#)
\$10 per activity or sign-up for all three for just \$25

* With eligible discount

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