



# Geriatric Pain Management

## Course Objectives by Unit

### Unit 1 – Current Pain Management Practices

- Define pain.
- Recognize potential clinician barriers to optimal pain management.
- Describe your team's current pain management practices.

### Unit 2 – Pain Screening and Intensity Assessment

- Recognize why patients don't always report their pain.
- Explain how to improve pain screening using the "Ask, Listen and Observe" technique.
- Describe the use of pain intensity scales.
- Explain how to assess patients who cannot communicate their pain.
- Understand the importance of re-addressing pain at each home care visit.

### Unit 3 – Optimizing Pain Management

- Describe the World Health Organization (WHO) Pain Ladder.
- Identify the key principles of successful pharmacologic pain management.
- Recognize how to optimize pain management using pharmacologic resources.
- Recognize how to optimize pain management using non-pharmacologic resources.

### Unit 4 – Pain Assessment and Care Plan

- Perform a structured assessment for patients with pain.
- Identify the core components of a pain management care plan.
- Define the SBAR communication technique for communicating pain issues with the patient's MD.

### Unit 5 – Measuring Improvement and Holding Gains

- Re-measure your clinical team's pain management performance.
- Develop a plan to continue making improvements.