

Promoting Excellence in Geriatric Home Care

Penny Hollander Feldman
Center for Home Care Policy and Research
Visiting Nurse Service of New York

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Who is here?

- Geography
 - 34 states, DC and 1 foreign country
- Wide range of perspectives
 - 46 senior executives from home health agencies & home visit practices
 - 42 people from universities, associations and government
- Disciplines
 - Nursing, Medicine, Pharmacy, Therapies, Social Work, Nutrition, Mental Health, Policy, Education, Management, Government

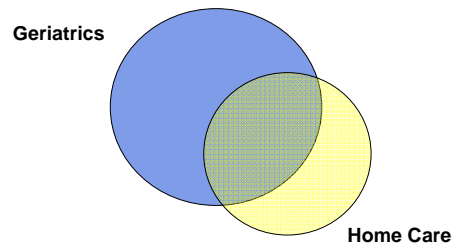


Why are we here?

- Larger initiative to improve home care for older people: 'Establishing a National Framework for Geriatric Home Care Excellence'
 - Define the vision
 - Articulate the principles and priorities
 - Recommend practice changes based on the current best evidence
- Today's conference: move from recommendations to real change 'on the ground'



Focus: Geriatric Home Health Care



Why Geriatrics?



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Why Geriatrics?

- Risks that change with age
 - Increased probability of multiple chronic conditions
 - Less reserve and ability to recover
- Conditions that are more prevalent
 - Geriatric 'syndromes'
 - Different presentation of illness
- Goals that change
 - Balancing time to benefit and life expectancy
 - Treatment burden and quality of life

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Why home care?

- Home is the HUB
- Home and home care are often INVISIBLE to the rest of the health care system
- Home care is DIFFERENT from other settings– distinct challenges and opportunities
 - Less immediate control than hospitals or nursing homes – periodic visits, dispersed workforce
 - Greater potential for long-term impact
 - "Teachable moments"
 - Opportunity to engage caregivers
 - Opportunity to understand environmental barriers/resources

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Excellent Home Care for Older People: The Vision

- Maximize quality of life
- Honor preferences and have choices
- Optimize health and function
- Cope with decline and end of life

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Scope: 3 Dimensions

- Cross Cutting Principles
 - Relationships, teams, evidence
- Priority Areas and Evidence-based Recommendations
- Overarching Change Strategies

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The Evidence Search



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Priority Areas

- Medication Management
- Physical Function
- Cognitive Function
- Pain
- Care Coordination
- Palliative-Advanced Illness Care

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Strategies for Positive Change

- Engage older adults and their caregivers
- Recruit, retain and support an effective workforce
 - Redesign existing roles/responsibilities
 - Realign workforce education and training
 - Provide tools and resources
- Manage organizational change
 - Communicate
 - Measure
 - Reward
- Promote policy/systems change

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Meeting Objectives



- Inspire and inform
- Formulate doable implementation strategies
- Move toward a national Community of Practice
 - Build on collective strengths
 - Collaborate to make change happen

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Specifics for the Day



- Agenda
 - Introduction-Plenary
 - Workgroups
 - Lunch
 - Report back
 - Community of practice discussion
 - Wrap-up
- Your role

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National Advisory Council Co-chairs



- Joanne Handy
- Mary Naylor

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